



# FLOORA IN POLAND

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# WHAT IS IT?

Vegetation on the globe occurs in zones, which is related to the zonal climate system. Poland is located in the temperate climatic zone and in the plant zone of deciduous and mixed forests, which is why trees such as oaks, beeches and birches dominate here. In Poland we can find countless numbers of meadow plants. Some of them are edible and used in herbal medicine. The most popular ones include: dandelion, field clover, field poppy and cornflower.



# CHARACTERISTIC SPECIES OF POLAND

## Garden plants

- Mallow flowers



- Sunflowers



- Peonies



## Field plants

- Poppyies



- Cornflowers



- Dandelions



## Herbs

- Common nettle



- Sage



- Chamomile



## Mountain plants

- Crocuses



- Oppositeleaf saxifrage



- Primrose



# PLANTS IN OUR REGION



**Rugosa rose**



**Cystopteris fragilis**



**Japanese pagoda  
tree**



**Royal fern**

# ENDANGERED PLANT SPECIES IN POLAND

Despite the richness of species, biodiversity in Poland requires protection. Currently, 133 plant species are at risk of extinction (including 74 critically).



**Lapland willow**



**Pasque flower**



**Arnica mountain**

# PROTECTED SPECIES IN POLAND

Currently, protected plants in Poland include almost 1,000 different species of trees, shrubs, flowers and mushrooms. They cannot be picked, destroyed or moved from the natural environment - this may even result in a prison sentence.



**Martagon lily**



**Sea holly**



**Snowdrop**



**Birch pygmy**

# NATURE RESERVES IN POLAND

Nature reserves are areas preserved in their natural or slightly changed state, ecosystems, refuges and natural habitats, as well as plant habitats, animal habitats and mushroom habitats, as well as creations and components of inanimate nature, distinguished by special natural, scientific, cultural or landscape values.

We currently have 1,501 reserves in Poland!





# MUSHROOMS IN POLAND



**Chanterelle mushroom**



**Imleria badia bay  
bolete**



**kite mushroom**



**Edible boletus**

# TREES IN POLAND



**Weeping willow**



**Silver birch**



**Tilia platyphyllos**



**field maple**



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